

## **The Enthusiasm Trust - Mentoring Programme**

### **Case Study – Young Person A Youth Worker – Youth Worker X**

#### **Background and context**

Young Person A was raised by her Mum and step Dad and has never had contact with her biological father. Young Person A's Mum and step Dad have two children together but they split up 3 years ago due to Mum's drug and alcohol issues. They were a Child Protection case when all living together but that got reduced to Priority Families when step Dad moved out taking all 3 children with him. Social care remained involved to assist Dad with the transition period. Dad then met a new partner, and they have now got a 2 year old daughter together.

In the family home they also have an 18-year-old young man that works with Dad and would be homeless unless living at their address, Dad's daughter from a previous relationship has also moved into the home with her son after her relationship broke down meaning that in a 3 bed semi they have 5 adults and 5 children ranging from 2 to 17.

Young Person A recently became sexually active with the young man who is living in the family home; this was a one off thing but has then caused tension in the home. Said young man is now in a relationship with Young Person A's step sister who recently moved back into the family home.

Young Person A feels uncomfortable in her own home and has shown signs of CSE due to the home situation and her lack of self-esteem and self-confidence.

#### **What has Enthusiasm done?**

Enthusiasm has met with Young Person A weekly to do interventions. We have also taken her to and from youth club to meet people of her age from a variety of schools in the area. This provides a positive activity for Young Person A and other young people to take part in.

Enthusiasm have arranged and supported Young Person A getting contraception to ensure that she is protected short and long term. We have also done workshops on her self-perception, thinking and behaviour concerning CSE.

We assisted getting Young Person A into college where she is now studying Health and Social Care.

#### **What has been the successes?**

Young Person A became a very helpful volunteer at our youth club as she was consistent and helpful throughout the sessions.

Young Person A is now educated on sexual health and is protected by the depo injection as well as having access to alternative contraception for the prevention of STI's.

# APPENDIX 1



Young Person A is really enjoying her Health and Social Care course and attends regularly, she is doing really well.

## **Any drawbacks & how these have been addressed?**

Getting the contraception sorted out took three attempts but after 8 weeks of consistent interventions and education around CSE she attended the 3<sup>rd</sup> appointment we made.

Young Person A and step Dad disagree on what her punishment should be for certain things which can lead to arguments. In the last 2 weeks Young Person A has had a physical altercation with Dad which was then escalated to social care by the college who then took her to the hospital for an examination and asked if she wanted to press charges.

This meant that Dad's new partner didn't want her in the family home. Luckily Dad's sister lives across the road so Young Person A was able to stay there whilst the situation got sorted out.

After two mediation sessions with Young Person A and the other adults in the home, it was decided that it would be best for Dads other daughter to move out with her child and boyfriend rather than Young Person A. After this decision they searched and found a property that they will be able to move into on the 10<sup>th</sup> of December.

## **Current situation and future plan**

The current situation is that Young Person A will stay at her step Auntie's house until the 10<sup>th</sup> of December until the family home will become less crowded again.

I will continue to work with Young Person A until she is fully settled and feels that she has the required support, I will be looking to exit in the new-year.