

The Enthusiasm Trust - Derby Homes Mentoring Programme

Case Study – Young Person Y Youth Worker – Youth Worker 2

Background and context

Young Person Y is a 13-year-old male who lives in the Allenton area in a 3 bed house that is overcrowded with himself, mum, dad and 9 siblings. Young Person Y attends Merrill school and has a history of poor attendance and behaviour. He is known to local police and ASB officers for causing low level ASB within the community. Young Person Y has a health condition where he receives checkups on his heart. Young Person Y and his family have had previous involvement with Social Care at Child Protection level for some time. Young Person Y has a lack of parental guidance due to the amount of siblings, substance misuse (Alcohol) and mental health issues. Young Person Y lacked motivation, a positive social group and positive role models. He has a lack of self perception and perception of others. Young Person Y was in need of identity due to spending a lot of his time with siblings. This would often result in arguments within the home.

The family were all under a Child Protection plan involving up to 12 professionals working including, Priority Families, MATT team, health care professionals, Intensive family support workers, Merrill Academy, Noel-Baker school, Lord Street Nursery and ASB officers. All working in partnership to reduce the ongoing risks within the family home etc.

What has Enthusiasm done?

Young Person Y was handed over to me on the 13/06/2016 when his original mentor left Enthusiasm. In this time, I have worked closely with Young Person Y to build a trusting relationship to enable me to discuss his issues. I have been seeing Young Person Y once a week for 1 to 1 interventions around Actions and consequences, perception of self and others, confidence building, family and personal relationships and educational attainment.

Since the 09/08/2016 Young Person Y has shown improved behaviour, attitude and confidence. Young Person Y has been engaging really well in 1 to 1s and is now open and honest about issues.

Alongside 1 to 1 interventions Young Person Y has taken an interest in football. I run football sessions on a Friday night alongside our Cotton Lane Youth Club which Young Person Y has been attending every week for 2 months now. Through attending these sessions Young Person Y is challenged on how to speak to peers and encouraged to work with others as a team. He has learned to praise and encourage others who are taking part. Young Person Y attended the Enthusiasm football tournament in the summer holidays and his team won the tournament. This did a lot for his confidence and helped him improve his social skills and enable him to make positive new friendships.

Young Person Y was also given the opportunity to attend the Enthusiasm Youth Committee where he has the chance to improve his community, have a voice and be involved in the planning and preparations of a big Christmas event in his local community. This has improved Young Person Y's confidence, broadened his experiences and will look great on his personal record of achievement in the future.

APPENDIX 2



What has been the successes?

- The level of engagement / building a trusting relationship
- Positive activities, football, youth clubs etc.
- Opportunities such as the youth committee and Trips to Skegness etc.
- The family being reduced from Priority families to MATT level
- Young Person Y has improved behaviour, attitude, social skills, health and fitness, communication skills and reduced ASB.
- Young Person Y now has a positive outlook on education and authority
- Young Person Ys attendance at school is now 98.9%

Any drawbacks & how these have been addressed?

Young Person Y has been doing really well, however there have been incidents where he has slipped up such as falling out with friends, damaging resources such as pool cues etc. These incidents are dealt with quickly and do not effect Young Person Ys overall improvement.

Current situation and future plan

I will continue to work with Young Person Y once a week through 1 to 1 interventions. I will also encourage him to continue to attend the positive activities we run to build his confidence, social skills and motivation.

I will continue to attend TAF meetings and provide updates and work towards the plan completing any actions set in order to support Young Person Y and the family.

I will continue to monitor any safeguarding concerns and share information.